## **Forget-Me-Not Newsletter**

Aug. 2020 - Oct. 2020

#### SAVE THE DATES!

October 11, 2020 Road of Remembrance Cheektowaga Town Park 2600 Harlem Road Cheektowaga, NY 14225 Event begins at noon

October 15, 2020 Lightings for Pregnancy and Infant Loss Awareness Day

December 1, 2020 Drawings for the Virtual Basket Raffle will take place!

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Western New York Perinatal Bereavement Network, Inc. Volume 17, Issue 3

#### A Letter from the Editor, by Susan M. Bach, M.S.Ed, Family Support Specialist

#### Second Sowing by Anne Morrow Lindbergh

For whom the milk ungiven in the breast when the child is gone? For whom the love locked up in the heart that is left alone? That golden yield, Split sod once, overflowed an August field, threshed out in pain upon September's floor, now hoarded high in barns, a sterile store. Break open the bolted door, rip open, spread and pour the grain upon the barren ground wherever crack in clod is found. There is no harvest for the heart alone; the seed of love must be eternally resown. This poem speaks to the sentiment that "grief is love with nowhere to go." Sometimes we can be comforted by sharing our love in honor of our babies. When you are caught in your grief for your baby, try sharing your love in a small way by writing a short note to a favorite aunt or uncle, surprising a neighbor with a dozen homemade cookies if you're baking for yourself, or even just paying for coffee for the next person in line at the drive-through. These kinds of small gestures might help you occasionally during your healing journey; and brightening someone else's day can certainly brighten your own. — Sue

### Christine's Corner, by Christine Scott, WNYPBN Executive Director

I would like to give a heartfelt Thank you to Sue. Kelly and Jan. President of the WNYPBN. our Event Volunteer Chairpersons and the entire Board of Directors, for their hard work and commitment during my four-month absence. The amount of work bestowed upon them during my scheduled medical leave was a lot to undertake. In addition, an unprecedented world-wide pandemic and economic crisis shocked our communities, and our WNY Perinatal Bereavement Network family took on even more responsibility, and did it without respite. I am beyond fortunate, appreciative and blessed to have all of these wonderful people in my life and as part of our organization.

Our number one goal throughout these adverse times has been and will be to keep everyone safe and healthy, while continuing to support our bereaved community. Not only has Covid-19 affected our personal and professional lives for the unforeseeable future, the restrictions and policies set forth in New York State and Erie County have led to the cancellation of our annual events for our non-profit. Please see all of our event cancellations and updates throughout this newsletter and

on our website.

As everyone is aware, we rely heavily on donations from our beloved and generous community to help our families in need. In lieu of our Walk to Remember, we have scheduled a Road of Remembrance in Forest Lawn Cemetery on Sunday, October 11th. A vehicle procession will take place, passing the Wings of Love Memorial Monument and paying tribute to all of our babies gone too soon. Please see registration details on page 7.

We are in the process of securing area landmarks to be lit pink and blue on the night of October 15th, International Pregnancy and Infant Loss Awareness Day, to show support for those in our community who have experienced the tragedy of losing a baby. Remember to light your candles at 7:00 pm and keep them lit for one hour to create a wave of light in honor of your child(ren) and of perinatal loss.

Please remember we continue to be here to support our families. I wish you all health, safety, peace and healing as we continue to navigate through these times.

Sincerely, Christine



#### Announcing a PILOT PROGRAM:

#### Swaddled in the Arms of Love

Our hope is that the new program, "Swaddled in the Arms of Love" Weighted Bears will provide our bereaved families comfort and peace throughout their grieving and healing journey. We will be giving these to one of our area hospital bereavement teams to provide to families at their time of loss. Our goal is to expand the program and be able to offer these to all of our Network hospitals. If you are interested in volunteering to help create these weighted bears, please contact Sue at the office at 626.6363.

### Forget-YOU-Nots

Michael Anthony Anderson 4/5/2005 Always, always in our Hearts! Love, Nana & Papa xxxooo We love you always! Love, Mommy, Daddy & Mia Parents: Michael & Kelly Anderson

Lilya Raine Arena 9/26/2009 Hugs to the sky, baby! Mommy, Daddy and little sister Willow love and miss you.

Parents: Kelly & Michael Arena

Jivae Andrea Báez 12/28/2012 Our beautiful baby girl... we love and miss you every second of every day. Thank you for your sweet baby brother Jamari. All our love all our life. Love, Mommy and Daddy. Parents: Evelyn & Jarred Báez

Jackson Roy Barber 7/25/2011 Gone too soon, but never forgotten. Parents: Jennifer & Jim Barber

Logan Andrew Cooper 1/9/2015-3/25/2015 Logan, we love you and miss you very much. Our beautiful angel bear, our "Logi Bear". You would be 5 years old and ready to start kindergarten. I wish so much that I could send you off to school. Daddy and I talk about you to everyone. including your rainbow sister Aubrie Ana. We have a beautiful curio cabinet set up in your honor with all of your special things. We still add to it with beautiful things that remind us of you. When I turn the light on in the curio I feel like you're here with me. I LOVE YOU and think

of you every day. I hope you're dancing in the sky. Parents : Grace & Shawn Cooper

Riley James Croce 3/8/2010 Gabrielle Irene Croce 8/3/2010 Baby Croce 12/9/2013 Parents: Lena & Dan Croce

Juju Dintcheva David 2/27-29/2016 Baby Dintcheva David 11/17/2018 Frozen Dintcheva David 8/27/2019 Frozen, our hearts are broken. Our hearts are forever frozen for you and for your sister Juju and brother Pip. May you all rest in peace and watch over us left behind. Parents: Elka Dintcheva and Jonathan David Angela Marie Capage 4/28/2003 Out came the sun and dried up all the rain, then Grandma and Grandpa held baby Angela again. Love, Grandma Nina Parent: Lisa Capage

David Nelson Dietz 1/8/2020 Our baby was delivered at just 16 weeks. He was beautifully and wonderfully formed. Our hearts and arms long to hold him and watch him grow. He is forever in our hearts, this precious little angel. Parents: Stephanie & Steve Dietz

#### Nora Jean Groves

5/18/19–7/2/2019 To our baby Nora Jean, thank you for giving us a lifelong blessing in such a short amount of time. You are always on our minds. Fly high, baby butterfly. Parents: Shelby Wallace & Jesse Groves

#### Allison Rae Harp 1993

I lost my little girl during my pregnancy in 1993. I never knew about this organization until today. Parent: Roslyn Harp

John Paul Jerebko 11/18/1999 Our little angel! Love, Mom, Dad, Jakob & Jackson Parents: Peter & Lisa Jerebko

Baby Boy Jonathan 6/8/2018 I held you for the First & Last time 2 years ago. Not a day goes by that you are not on our minds. You will forever be LOVED & sadly missed. Love you Forever & always, Mom, Dad, Big Sisters Krysten, Kaytee and Kam, Big Brother Klyde, Nephews Kort, Kreese & Deltoh, & Niece Kenzley Parents: LaRue & Leilan Jonathan

Marrina Kim 8/3-4/2005 Ella Grace Kim 6/8/2007 We love you and think of you so very often. Please watch over us...now and always. Parents: Dawn & Mark Kim

Bayley LeBoeuf 4/16/2015 Sawyer LeBoeuf 11/29/2015 We love and miss you both so very much. Parents: Kevin & Britt LeBoeuf Trevor Jackson Locke 8/8/2019 Happy 1st Birthday. We think of you every day. Mommy and daddy love you so much and send butterfly kisses to you. Parents: Jennifer Riederer & David Locke, Jr.

Bud Charles Mott 9/12/2005 Theresa Marie Mott 9/12/2005 "Blueberry" Mott 1/21/2014 Baby Mott 1 2/23/2014 Miss you with all of our hearts, Theresa, Bud, "Blueberry" and Baby Mott. God knows our pain and sadness. We know that someday, we will see you again. All our love ~ Daddy, Mommy & Allison Parents: Timothy & Beth Mott

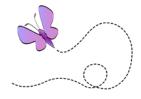
Mary Parisi 11/20/2016 We are always thinking of you Mary girl. Thank you for bringing us your little brother James, and little sisters Caroline and Lucy. We carry your heart with us always. Love, Mom and Dad Parents: Anthony & Molly Parisi

Michael James Quigley 10/24/1992 Miss you more and more! 'Til we meet again! Love, mom Parent: Debi Zmuda

Jacob Wesley Scott 5/27/2000 We love you and think of you every day! Butterfly kisses buddy! Love, Mom, Dad, Thomas & Mandy Parents: Phillip & Christine Scott

Grace Lee Zimmer 4/12/2012 Until we meet again, fly sweet butterfly, fly! A moment in our arms, A lifetime in our hearts. Love, Mom, Dad, Hunter and Luke Parents: Donna & Russell Zimmer

> Charlie Zuchelkowski 12/29/2019 - 1/25/2020 Parents: Alex & Rachel Zuchelkowski



### **Safe Arrivals**

We were blessed with the arrival of our sweet baby boy **Kaiden** on 12/30/2019. To our sweet angel Adriana, 8/24/2014, we love you and miss you more each day. Thank you for always protecting your little brothers. I can't wait until they are old enough to learn about their big sister. Love.

Korbin, Kaiden, Mama, Ken & Nana

We are excited to announce the safe arrival of our rainbow baby: **Grace Theresa Atkinson** 6 lbs and 19 inches long Born on June 26, 2020 Parents: Julie and Rob Atkinson

This safe arrival is in memory of our daughter: Evelyn Grace Atkinson who was born still at 38 weeks on June 19, 2019.

Interested in submitting a memorial or announcing your rainbow baby? Please email your baby's Forget-YOU-Not or Safe Arrival to: forgetmenotnewsletter@hotmail.com

Submissions are due by the 15th of the month prior to the issue month. Family members and friends are encouraged to submit.

We are in need of volunteers to train to become Parent Telephone Support Team (PTST) moms and dads. Please call Kelly at the office:

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626.6363 if you are able to join the PTS Team.

# **THANK YOU!**

- ⇒ To Jennifer Wilson for shopping our website Wish List and sending us a big box of office supplies, SD cards and Sibling Program books!
- ⇒ To Mary Shinners and Linda Bigouette for the precious flannel blankets for our Sibling Program!





⇒ To Ian Woods for choosing the WNYPBN as beneficiary to receive proceeds from the Go Pink Buffalo "Red Buffalo" lawn ornament sales. We have received \$3,046 to date from sales of those red buffaloes you see out and about!



- ⇒ Blue Cross/Blue Shield of WNY 2019 Red Stocking Fund for their donation of \$5,000. The WNYPBN was one of 16 winning charities nominated and voted on by employees to receive this generous gift. Thank you Blue Crew!
- ⇒ To Kristine and Bill Craig of Medal Chasers for their upcoming fourth year supporting the Wings of Love Memorial Fund. Last year's event raised \$1,000.
  September 2020 Event information can be found at www.medalchasersvrc.org.



## You Were Here My Angel

## by Britt LeBoeuf, previously published on "Her View From Home"

In the quiet stillness of the night, as I'm rocking my newborn son to sleep, I think of you. I can feel his sweet little chest rise and fall. As his breathing deepens and he starts to snore, I think of you still. On the baby monitor to the left of me on the nightstand, I see my other son sleeping soundly in his bed. He's in a twisted position that only a young child could fall asleep in, with toys and books scattered all over his bed. They both sleep. Not me though, because my mind is with you. My two sleeping sweethearts are your brothers. And you are our angel.

A few weeks ago, a day passed on the calendar that probably didn't mean much to most people. But for me, April 16<sup>th</sup> will always be a part of my soul. It was the day I went into the doctor's office to see you at my 12 week ultrasound. I'll never forget seeing your little body on that computer monitor. The ultrasound tech had gone out to get the doctor, and they were both standing over me observing the image on the screen. I could see your little barely formed face, your little undeveloped hands, but I couldn't hear your heart beat as I had been able to just a month prior. **You were gone.** You were here though.

You were here when I told my mom and dad they would be getting their fourth grandchild that fall.

You were here when your daddy and I went on our first tour of our new house.

You were here when I stayed in bed, sick to my stomach with morning sickness.

You were here on Easter, when I was just starting to feel your presence in my belly.

You were here when I chased your brother around the house trying to get him dressed.

You were here for at least twenty grocery stores runs, picking up things I was craving because you were here.

You were here for St. Patrick's Day, when I wondered if we'd give you an Irish name like your older brother.

You were here for so many things. For 10  $\ensuremath{^{\prime\prime}\!_{2}}$  weeks you were here. You were ours.

Although, I found out you had left about a week prior to my 12 week ultrasound, you were still there.

You were there when I was sent home that afternoon, because there were no spots left on the surgical schedule.

You were there when your daddy left work to meet me in the hospital parking lot after that appointment.

You were there as we held each other and cried together for our lost baby.

You were there as I secretly tossed up a prayer to my grandmother, to hold you and take care of you in heaven until I'd be able to someday.

You were there that night, as I lay in my bed, dreading what was to come the following morning.

You were there as I cried myself to sleep that night, knowing I could feel your tiny lifeless body inside of me.

You were there when your daddy and I went back to the hospital the next morning.

You were there when they wheeled me in the operating room.

Then you weren't. You were gone. At the advice of my doctors, for my own safety and well-being,

and for the fact that my body just didn't want to let you go on its own, you were taken away from me.

I cried in recovery. I cried for you every night for the next six months. I returned to my everyday life as a mom to your brother, secretly knowing something would always be missing.

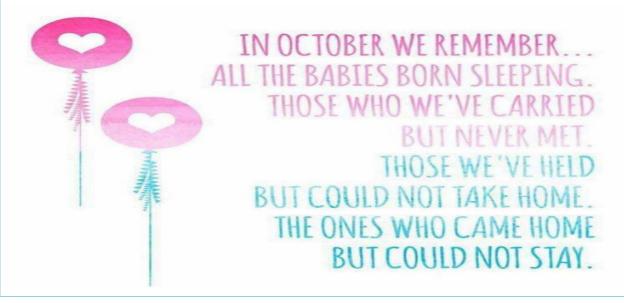
It'd take me a long time, and another pregnancy lost not so far along, to put it all into perspective. You may not have been able to come into this world, but **you are in fact still here**. Although I'll always wish you could be here with us... you are a part of me. You are a part of your daddy. You are a part of your older brother. You are a part of your new little brother too.

By all accounts, your little brother is what everyone would call our "rainbow baby." He is our little blessing, but a rainbow is a beautiful occurrence after a storm. But to me, you were a ray of sunshine. I think that maybe your light was just too bright to be viewed for more than a short period of time. Like when one stares at the sun. It's beautiful. It's glorious. But, you cannot look at it for too long or you'll hurt your eyes.

So, until I am able to look at your beautiful, glorious light again someday, you will remain my angel. I will love you always, my little sunshine.

Additional content on perinatal loss can also be found at www.stillstandingmag.com

## **October is Pregnancy and Infant Loss Awareness Month**



The Western New York Perinatal Bereavement Network, Inc. was honored last year to work with Pennsylvania State University (WPSU), the New York Life Foundation and one of our Network families on the new PBS documentary 'Speaking Grief'. WPSU's film crew interviewed Megan, her son Mason, and her mom Michelle about the loss of their baby Nova Marie. The film's crew also attended and filmed footage at our 2019 Wings of Love Parents Breakfast last May. Thank you to Megan, Mason and Michelle for courageously sharing your story. We are also grateful to Pennsylvania State University, New York Life Foundation and everyone that worked on or attended the 2019 Parents Breakfast. We are thrilled to be a part of such a moving and timely production.

The full documentary will be available for viewing after August 30, 2020 at www.speakinggrief.org.



We are in need of crafters to crochet little bunnies for our Siblings Program. If this is something you are interested in doing for the WNYPBN, please call 626.6363 or email

Unfortunately, due to COVID-19 restrictions on social gatherings, our Elegant Evening to Remember has been postponed until 2021.

More information on all of these exciting events and fundraisers will be available on our website at WNYPBN.org or follow us on Facebook. If you have any questions, or would like more information please call the office at (716) 626-6363. We are grateful for



Western New York Perinatal Bereavement Network, Inc.

# <sup>15<sup>th</sup> Annual</sup> **"Evening to Remember"** Basket Raffle Is Now VIRTUAL!!

Tickets can be purchased and placed ONLINE November 1, 2020 through November 30, 2020 Website for ticket purchase is coming soon!

We are collecting donations of baskets until October 25, 2020

Baskets will be drawn on December 1, 2020

## We need your help now more than ever!

Please contact Cyndee Fahey at 716-361-9330 or fahey.cyndee@gmail.com with any questions or to donate baskets!

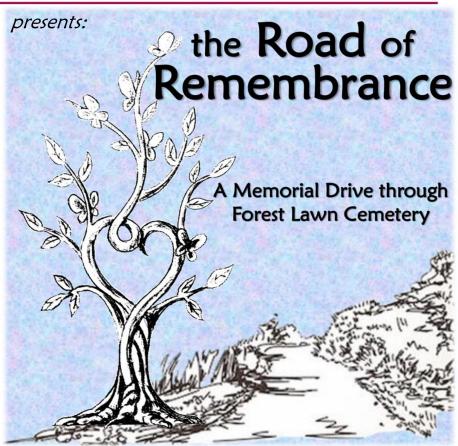


Proceeds from this event will benefit the important programs of the WNYPBN, Inc. The WNYPBN, Inc. is a tax-exempt, charitable organization that provides educational support, community programs and referral services to parents who have lost a baby due to miscarriage, ectopic pregnancy, stillbirth or early infant death.

Find us on the Web at: www.WNYPBN.org

Western New York

Perinatal Bereavement Network, Inc.



## October 11, 2020 Any Time between Noon until 2:00 PM Forest Lawn Cemetery beginning at the Margaret L. Wendt Archive and Resource Center 1990 Main St., Buffalo

This event is in lieu of the annual Walk to Remember that cannot take place due to restrictions and safety precautions in place because of COVID-19. To Register for this solemn and healing event

beginning August 1<sup>st</sup>, please visit:

<u>https://app.etapestry.com/onlineforms/</u> <u>WesternNewYorkPerinatalBereav/</u> <u>RoadRegistration.html</u>

## by September 23<sup>rd</sup>, 2020

Only pre-registered vehicles will have baby signs printed

## We need your help now more than ever!

In order to help families, the WNYPBN requests that you create a donation page via our secure donation platform. Then share the page with your family, friends and on social media!

## https://www.justgiving.com/campaign/ roadofremembrance

If you have any questions or concerns, please contact the WNYPBN office at 716-626-6363

### The WNY Perinatal Bereavement Network, Inc.

Wilson Support Center 150 Bennett Road Cheektowaga, NY 14227

Phone: 716 626-6363 Fax: 716 626-6368 Email: Christine@wnypbn.org Sue@wnypbn.org

### www.wnypbn.org



Helping Families, Honoring Lives

## location of where the loss took place.

**Our Mission** 

 Member Organizations

 Baby's Sweet Beginning's Breastfeeding & Maternity Boutique, Lancaster

 Brooks Memorial Hospital

 Buffalo Prenatal-Perinatal Network, Inc.

 Catholic Health System (Mercy Hospital, Sister's Hospital)

 Mount St. Mary's Hospital of Lewiston

 Hospice & Palliative Care Buffalo, Inc.—Essential Care for Children

 Kaleida Health (Oishei Children's Hospital, Millard Fillmore Suburban Hospital)

 Jones Memorial Hospital

 Wilson Support Center

 Niagara Falls Memorial Hospital

 Olean General Hospital

 United Memorial Medical Center

 WCA Hospital

 Wyoming County Community Health Center

#### **Board of Directors**

Jan Walkden, President Laura Reyda, Vice President Dawn Both-Kim, Secretary Michael Anderson, Treasurer

**Christine Scott, Executive Director** 

Dr. Lynn-Marie Aronica Dr. Vivien Carrion Amber Hultgren Lisa Jerebko Constance Perna

The mission of the Western New York Perinatal Bereavement Network, Inc. is to assist the community in meeting the needs of people facing the pain of perinatal death. We promote standards of bereavement care intervention through educational support, community programs and referral services to bereaved parents. The WNYPBN supports an established standard of care following a perinatal loss, regardless of the

Susan Bach, Family Support Specialist Terri Ryan Kevin Ryan Matthew Woodin Rev. Richard Zajac Dr. William Zorn

Kelly Anderson, Special Events Coordinator

WNYPBN, Inc., Wilson Support Building, 150 Bennett Rd., Cheektowaga, NY 14227



Volume 17, Issue 3 August 2020-October 2020